



Multi-GuarD®

Available in • 120cap • 240cap

- **Anti-Oxidant Protection**
- **Boost Immune Function**
- **Enhance Energy Levels**
- **Help Lower Cholesterol**
- **Reduce Homocysteine**

How Multi-GuarD Protects Your Health

Vitamins & minerals are vital nutrients necessary for life and the prevention of disease. They must balance, cleanse, nourish, oxygenate, protect, purify and strengthen us. Your general wellness and longevity depend on your wisdom in keeping the scale of life in balance. Oregon Health has formulated the most comprehensive and balanced nutrient matrix called **Multi-GuarD**. This revolutionary supplement is based on full scientific research and evidence based protocols. It protects your body's vital systems including cardiovascular system, immune system, nervous system, brain function, musculoskeletal system, digestive system and more. Like all Oregon Health products, **Multi-GuarD** is manufactured to the strictest standards and contains only the finest ingredients. In addition, **Multi-GuarD** is uniquely designed to include a full spectrum of complexes for each ingredient to insure maximum absorption and effectiveness.

Vitamin A complex: Complete spectrum of **mixed carotenoids** from fruits & vegetables providing powerful anti-oxidant protection which safely converts into vitamin A as your body needs it.

Vitamin B complex: Optimized levels of B vitamins that encompass **USP standards**. This contains the highly absorbable form of **Vitamin B-12 (methylcobalamin)**, a potent energizer. B-12 promotes nervous system health, helps alleviate mood swings, reduces stress, regulates sleep patterns and reduces homocysteine levels. Also includes **Choline**, which is vital for nervous system health, enhances weight loss & lowers cholesterol.

Vitamin C complex: Contains two types, **Ascorbic acid** (water-soluble) & **Ascorbyl palmitate** (fat-soluble). They boost immune function, help the body fight stress and enhance collagen production (needed for healthy skin, bones, teeth & connective tissue).

Vitamin E complex: Full spectrum **mixed tocopherols** aid in cardiovascular function, improves circulation, is necessary for tissue repair, blood pressure, can improve sperm production in men, and maintains healthy nerves, hair, skin and eyes.

Heart Guard & Cholesterol Control Complex: **Lycopene** delivers strong antioxidant protection, may prevent against heart disease & cancer, and is excellent for prostate health. **CoQ10** helps boost immune function, is a powerful cell energizer, can help control diabetes and lower blood pressure along with cholesterol levels. **Quercetin**, a strong anti-allergenic, helps reduce inflammation, kills viruses and acts as an antioxidant. **L-Carnitine** helps burn fat for energy & enhances endurance. **Inositol** is vital for hair growth and helps control cholesterol. Inositol also plays a vital role in brain cell function.

Immune & Stress Guard Complex: **Grapeseed Extract** is an antioxidant which is 20 times more powerful than Vitamin C and 50 times more effective than Vitamin E. **Alpha Lipoic Acid** is an antioxidant with anti-aging benefits. It regulates blood sugar levels and helpful for diabetics. It detoxifies the body of heavy metals and supports liver function. **Selenium** a vital antioxidant that works synergistically with **Vitamin E**. helps maintain a healthy heart and liver. **Zinc** is important for prostate function, protein synthesis, collagen formation, hormone production and sexual function. Zinc also promotes a healthy immune system and speeds healing. **Mangosteen** is one of the most widely recognized tropical fruits that contain Xanthenes, which are powerful antioxidants. **Purple Cabbage** contains high levels of anthocyanides. Anthocyanides are potent antioxidants and inhibitors of several enzymes involved in inflammation.

Mineral Complex: **Calcium Bis-Glycinate & Citrate** are highly absorbable forms of calcium. Calcium is vital for strong bones, teeth, gums, helps maintain a regular heartbeat, and is also needed for muscle contraction and growth as well as to help prevent muscle cramps. A comprehensive **Magnesium Complex** helps maximize mineral absorption (calcium & potassium) and regulates electrolyte balance. It is also vital in energy production. **Chromium Picolinate** is important for maintaining stable blood sugar levels and controlling food cravings. Chromium is excellent for diabetics and can help regulate hypoglycemia. Chromium is also helpful in promoting fat loss and lean muscle. **Boron** is needed in trace amounts for healthy bones and muscle growth. It enhances brain function, plays a role in how the body utilizes energy from fats and sugars. **Manganese** is needed for protein and fat metabolism, healthy nerves, healthy immune system and blood sugar regulation. **Molybdenum** is essential in small amounts for nitrogen metabolism, promotes normal cell function, and activates certain enzymes. Molybdenum also supports bone growth and strengthening of the teeth. **Potassium** is needed for a healthy nervous system and regular heart rhythm. It aids in muscle contraction, works with sodium to control the body's water balance. **Iodine** is needed in trace amounts to metabolize excess fat and is important for physical and mental development.

Order Desk 800-798-0707 Ext 1

E-Mail sales@aerobiclife.com
Website Under Construction

Fax 602-283-0760



Supplement Facts

Serving Size (4) capsules • Servings per container: 30

Amount per Serving	% DV	Amount per Serving	% DV		
Vitamin A (Alphabeads® natural mixed)	25,000 IU	500%	Selenium (as Amino Acid Chelate)	200 mcg	286%
Carotenoid complex containing (<i>Alpha-Carotene, Beta-Carotene, Gamma-Carotene & Lycopene</i>)			Copper (as Copper Gluconate)	2 mg	100%
Vitamin C (as Ascorbic Acid & Ascobyl Palmitate)	250 mg	417%	Manganese (as Manganese Gluconate)	5 mg	250%
Vitamin D (as Ergocalciferol)	200 IU	50%	Chromium (as Chromium Picolinate)	200 mcg	167%
Vitamin E (Mixed Tocopherols)	400 IU	1333%	Molybdenum (as Natural Molybdcic Acid)	75 mcg	100%
Thiamine (Vitamin B1)	50 mg	3333%	Potassium (as Potassium Aspartate, Alpha-Ketoglutarate, & Citrate)	99 mg	3%
Riboflavin (Vitamin B2)	50 mg	2941%	Alpha Lipoic Acid	100 mg	†
Niacinimide (Vitamin B3)	150 mg	750%	L-Carnitine Tartrate	80 mg	†
Vitamin B6 (as Pyridoxine HCL)	50 mg	2500%	Choline Bitartrate	80 mg	†
Folic Acid	800 mcg	200%	Inositol	80 mg	†
Vitamin B12 (as Methylcobalamin)	1000 mcg	16667%	Quercetin	80 mg	†
Biotin	300 mcg	100%	Grapeseed Extract 95%	30 mg	†
Pantothenic Acid (as D-Calcium Pantothenate)	150 mg	1500%	CoQ10 (Idebenone)	30 mg	†
Calcium (as Calcium Citrate & Bisglycinate)	200 mg	20%	PABA (Para Aminobenzoic Acid)	10 mg	†
Iodine (as Potassium Iodide)	75 mcg	50%	Lycopene	6 mg	†
Magnesium (as Magnesium Citrate, Aspartate Alpha-Ketoglutarate & Oxide)	400 mg	100%	Purple Cabbage	5 mg	†
Zinc (as Zinc Amino Acid Chelate)	15 mg	200%	Mangosteen	5 mg	†
			Boron (as Boron Citrate)	2 mg	†

† Daily Value (%DV) not established

Introducing our New Family of Nutritional Brands



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